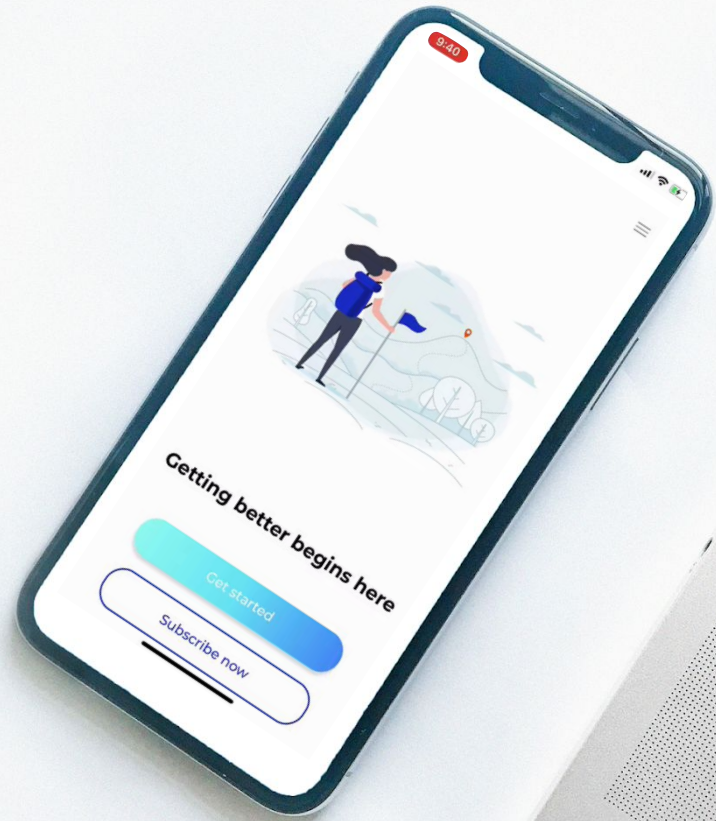




SAFE SPACE

Digital Mental Health Interventions: Connecting with Clients Through Technology

Antoinette Patterson, CEO
antoinette@safespace.sg



Webinar Flow

12:40pm

Intro to Safe Space

12.45pm

Digital Mental Health Interventions :

Connecting with Clients Through Technology

12.55pm

Q&A & Feedback

1.00pm

End of Event

Who is Safe Space?



Antoinette Patterson

*Co-founder, CEO
10 years Experience*



Jasmine Yeo

*Lead Clinical
Supervisor,
8 years Experience*



Ian Morrison

*CTO
10 years Experience*



Lynette Seow

*Product Manager
5 Years Experience*



Sufian Yusof

*Director Business
Development
CBT-Trained (Psychology)
8 years Experience*



Context:

Personal Experience

The founders had a **personal mental health issue** and didn't know it till we experienced **exhaustion** and **had to leave our jobs**.



First thing we did..



psychologist singapore asap

And the results returned were confusing..

As a first-timer, we didn't know where to start..

The Center for Psychology, Singapore
www.center4psy.com

Psychology in Singapore, Counselling in Singapore, Counselling in Singapore, counselors in Singapore, Marriage counselling, Family Counselling, grief ...
Missing: asap | Must include: asap

Anyone can recommend an affordable psychologist / counsellor ...

https://www.reddit.com/singapore/comments/aixzpl/anyone_can_re...
Jan 23, 2019 - r/singapore: Welcome to r/singapore the reddit home of the country Singapore.
... I want to see a therapist but I'm scared at the prospect of super high fees.

Counselling in Singapore? : singapore 2 Feb 2019
Reporting Depression due to NS? - singapore 5 Feb 2017
More results from www.reddit.com

Scott Psychological Centre - Psychologists counselling in ...
<https://www.scottpsychologicalservices.com>

Dr. Brian, ScottClinical Psychologist. Ms. Kah Lin, ChuaPrincipal Clinical Psychologist. Dr. Piyali ChakrabartiPrincipal Clinical Psychologist. Couple Counselling, Depression, Anger, ADHD, Stress, Anxiety. Ms. Irena ConstantinEducational Psychologist. Ms. Judy YapClinical Psychologist.

Missing: asap | Must include: asap

Found a therapist and overcame our experienced issue.

The Safe Space™ Platform

A full stack B2B2C digital mental healthcare provider and ecosystem that uses machine learning to complement human therapy practices and mental health education.

B2B2C Benefit - Mental Wellness Empowerment



Fast Access Quality Supply of Therapists, rostered throughout the day



Potential to be biggest mental database in Asia



Affordable For Employees to Finish Therapy Sessions



Engaged, resilient workforce

Therapist Benefit - One Unified Platform



Charge Own Prices



Client Sourcing



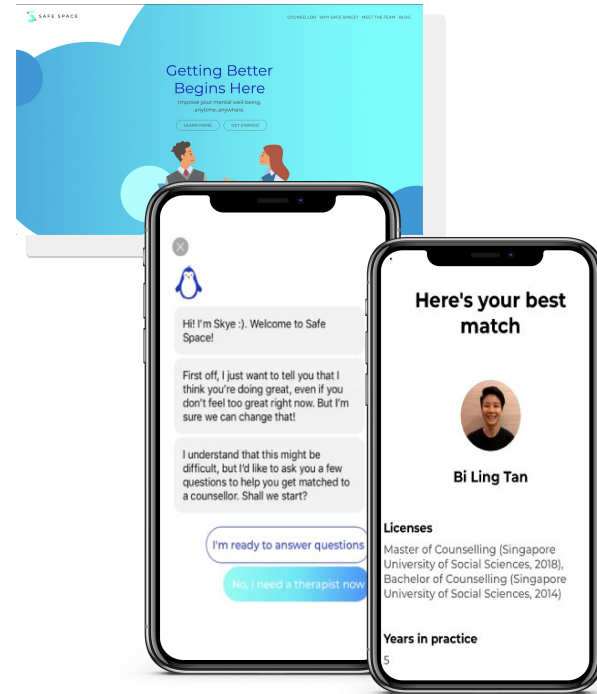
Insurance



Billing



Marketing & Promotion



Certifications Received:

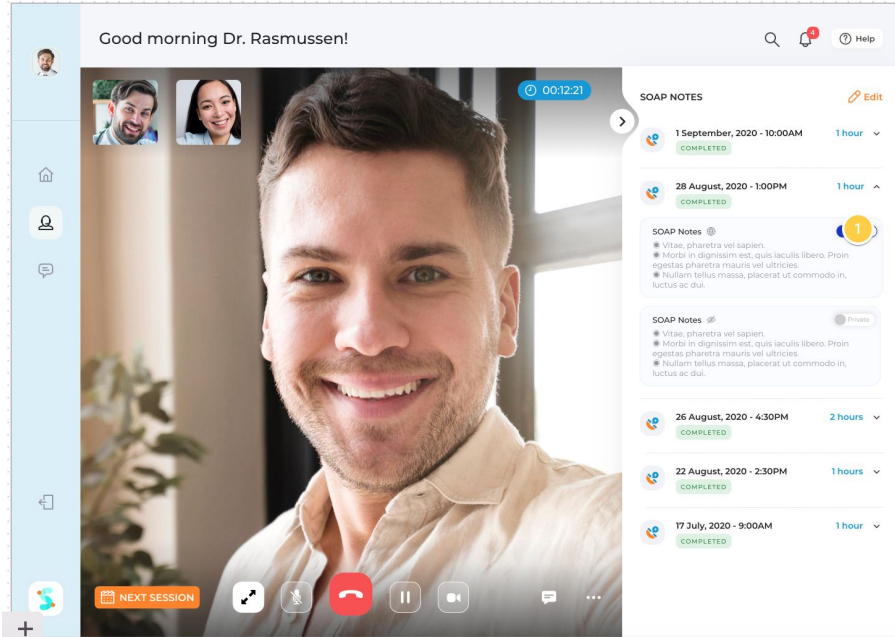


Supported By:

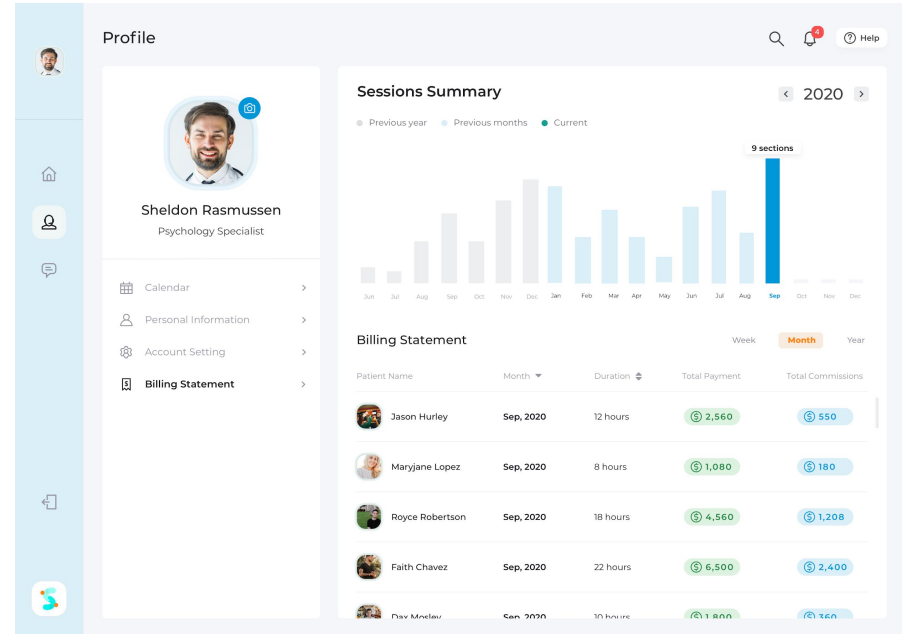


New Therapist Platform Launch

Launching in end Oct 2020 Launch

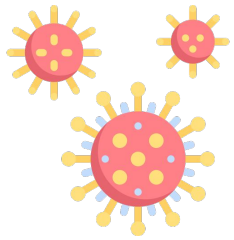


1 platform to do video calls and manage case notes



1 platform to manage your earnings, billing and invoicing

COVID-19: Adapting to the new normal and acceleration of digital adoption.



COVID-19
negatively
impacted
businesses
worldwide



Social Distancing
= Digital Therapy
Fast adoption of digital
solutions



Clinicians and Clients alike
are now realizing the full
potential of these digital
tools.



Lasting human
behaviour change
and growing need for
remote therapy
/digital healthcare

COVID-19: Benefits digital adoption



Protect your practice should lockdown occur again by going digital



Faster Access, Anytime and Anywhere



Unlock new growth opportunities with clients in other countries



Multiple government grants to help with your digital transformation

Complementing digital mental healthcare with your existing practice.



Learn how to navigate various platforms to get you practice digitally ready

OR

Pick 1 platform that can do everything for you e.g. marketing, billing, invoicing, follow up sales CRM



Find out about their Data protection policy.

Identify if they have a Data Protection Officer



Understand the security risk and cybersecurity measures

Platform must be HIPAA Compliant



Questions To Ask When Technology Is Presented To Use

1. Does it work? And who does it work for?
2. Under what circumstances?
3. What are the negative effects, and when do we expect to see them?
4. Who has access to the client's data, and how is it safe guarded?
5. Is it a viable product, usable by real people, and with enough demand?
6. Is it affordable or who will pay for it?
7. Does it have other features such as HIPAA-Compliant?

What's next for digital mental healthcare?



Better client engagement and digital diagnosis

E.g Depression can be evaluated through digital analysis of speech



Increased legislative support

E.g Beyond The Label campaign

Singapore's Ministry of Manpower
Employer Advisory Guidelines on
Employee Mental Well-being



Implementation of big data

E.g With higher adoption comes with more behavioral data.

Extremely useful for mental health research which benefits client, therapist and researcher.

Thank you!

Interested to find out more?



Scan The QR Code to
Register Your Interest
OR Click Here:
<https://bit.ly/36lh1Zp>

